



Our lives are dedicated to yours



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OFFICE OF THE CHIEF OF STAFF NEWSLETTER

A JOURNEY TO EXCELLENCE

Our 2020 Vision is a “Journey to Excellence” that necessitates a transformational change on various aspects. We have embarked on this journey not only with full knowledge of the many challenges that await us but with determination to soar in our achievements. The only way we will achieve our goal is through the efforts and dedication of our entire family: faculty and staff members. It is through their commitment and collaboration that higher standards are achieved. Our faculty and staff members are our source of energy, and the care we deliver to our community is the result of their ongoing efforts and dedication.

To pursue our “Journey to Excellence”, we have continuously been focusing on our patients and their needs. They come to us in times of need, and it is our duty to comfort them. Treating their disease or curing their illness should not be the only goal; we have an obligation to provide them with compassion, empathy, active listening, and aim to exceed their expectations. Human values should be the guiding principles of our service model.

Dr. Adnan Tahir

Executive Director and Senior Advisor to AUB Administration



CELEBRATING THE ACHIEVEMENTS OF DR. ADNAN TAHIR

Six years after serving as Medical Center Director and Chief Medical Officer at AUBMC, Dr. Adnan Tahir decided to step down from his role and continue as Executive Director and Senior Advisor to the AUB administration. His decision was met with mixed feelings: on the one hand, the AUBMC staff was saddened by the realization that Dr. Tahir's immediate involvement in day-to-day hospital activities will decrease; however, on the other hand, they were glad that he will use his tremendous experience and humanitarian sense to play a pivotal role in the realization of the upcoming AUB and AUBMC projects and overall vision. It was, therefore, with remarkable enthusiasm that all departments at AUBMC joined efforts to put together a surprise farewell ceremony dedicated to thanking, honoring, and wishing all the best to Dr. Tahir in his new role.

Within less than two weeks, all the preparations for the ceremony were completed. Each department and unit tapped on their creative talents to decide on personalized gifts that would express their gratitude to Dr. Tahir. A moving video tuned to the song "He's the Man" was also put together showing staff from all over AUBMC holding signs that expressed deep feelings of appreciation to a unique leader.

On the day of the ceremony, all AUBMC staff members were invited to the Issam Fares Hall, and each attendee was given a colored t-shirt with one of AUBMC's core values printed on it – those very core values that Dr. Tahir had developed and which summarize his vision for AUBMC. After everyone was seated, Dr. Tahir, unaware of the surprise that had been prepared for him, was led into the hall as the crowd of AUBMC employees cheered and waved, and live footage of Dr. Tahir walking in on the red carpet was shown on the big screen in the Issam Fares Hall. His family had also been brought in for the occasion. Shortly afterwards, the video that was prepared was screened for the first time, followed by words from the Medical Center management members. Representatives from all departments then came to the stage one by one, each to present Dr. Tahir with a gift on behalf of their department. In addition, an olive tree was planted outside of the Medical Administration Building in Dr. Tahir's honor to symbolize the values that he has planted in the institution. The ceremony ended with the glittering and swirling confetti, followed by cutting of the cake along with a buffet and refreshments.



BED HUDDLE AT AUBMC

The bed huddle is a multidisciplinary process initiated in April 2015 to facilitate patient throughput and ensure that even with continued growth, AUBMC is able to accommodate all admissions from the Operating Room (OR) to the Emergency Department (ED) and elective admissions. Its main purpose is for the patient to reach the designated unit the soonest and without delay to receive the highest and most advanced care. A major part of this initiative focuses on patients in the ED, Intensive Care Unit (ICU) admissions and transfers, as well as patients who await discharge from the Medical Center. The routine bed huddle session, scheduled every morning, includes team members from all over the Medical Center and is led by Deputy Chief of Staff Dr. Ismail Khalil and Director of Patient Throughput and Work Systems Dr. Ghada El Eid.

When the Medical Center Director and Chief Medical Officer Dr. Adnan Tahir initiated the groundwork over a year ago, the goal was to identify bottlenecks and inefficiencies in the current throughput, reduce them by implementing the appropriate solutions, and build a stronger foundation for the entire process. A major bottleneck identified was that related to the discharge process, more specifically the timing of the discharge order and the actual patient readiness for discharge. To reduce delays, two SMS messages are automatically sent the night before and the following day of discharge to the physicians whose patients are flagged with possible discharge status to expedite the placing of the discharge order. At times and when a necessity arises especially in the case of delayed discharges, a call is made by Dr. Khalil to physicians during the bed huddle. A process has been developed to notify diagnostic services in order to prioritize requested pre-discharge studies.

Occupancy = 88.37%

This morning	1st Class	2nd Class	3rd Class	Total Expected Admissions
160825	10	9	7	26

Disposition	ED Visits (today)
Admitted	13
Against medic...	1
Home	56
-	12
Total	82

OR Cases	Class	1	2	3	Total
160825		9	22	8	41

Admissions from ED	Actual Admissio...	Expected
In Patient Units	13	7

Current Occupancy Worksheet

Classification	Unit	"Active" Beds	Occupied	Occupancy by "Active" Beds	Actual Beds	Actual Occupancy	Empty Beds	Possible Discharges	For Discharge	Being Discharged	Anticipated Admissions	Planned Transfers In	Planned Transfers Out	Drop In	EU Anticipated Admissions	Admissions from EU	Blocked Beds	Variation
In Patient Units - Critical Care	Cardiac Surgery Unit	2	1	50.00%	3	33.33%	1	0	0	0	0	0	0	0	0	0	0	1
	Coronary Care Unit	20	18	90.00%	20	90.00%	2	0	0	1	1	0	1	1	0	2	1	2
	Intensive Care Unit	12	11	91.67%	10	110.00%	1	0	0	0	2	1	0	2	0	0	0	-2
	Neonatal Intensive Car	24	12	50.00%	15	80.00%	12	0	0	0	0	0	0	0	0	0	0	12
	Neurology Intensive Ca	6	5	83.33%	6	83.33%	1	0	0	0	0	1	0	0	0	0	0	0
	Pediatrics Intensive Ca	6	3	50.00%	6	50.00%	3	0	0	0	0	0	0	0	0	0	0	3
	Respiratory Care Unit	8	8	100.00%	8	100.00%	0	0	0	0	0	1	1	0	0	1	0	0
Total	78	58	74.36%	-	-	20	0	0	1	3	3	2	3	0	3	1	16	
In Patient Units - Med & Surg	10 North	23	23	100.00%	25	92.00%	2	0	0	0	0	1	0	0	0	1	0	-1
	10 South	27	25	92.59%	27	92.59%	2	0	0	1	1	3	0	0	0	0	0	5
	5 South	25	20	80.00%	23	86.96%	5	0	0	0	0	0	0	0	0	1	1	4
	6 North	27	21	77.78%	26	80.77%	6	1	0	0	2	0	0	1	2	0	0	5
	7 North	24	17	70.83%	26	65.38%	7	1	2	0	0	3	0	0	0	1	0	7
	9 North	24	22	91.67%	24	91.67%	2	2	0	0	0	1	1	0	0	1	0	4
	9 South	25	21	84.00%	25	84.00%	4	0	0	0	0	1	2	0	0	1	0	5
	Adult Surgical 6 South	14	10	71.43%	17	58.82%	4	0	0	1	0	0	0	0	0	1	0	5
	Neuro Surgery	12	14	116.67%	12	116.67%	-2	1	0	0	0	1	1	0	0	2	0	-1
	Total	201	173	86.07%	-	-	28	5	2	2	2	8	7	1	2	8	1	33
In Patient Units - Oncology	Bone Marrow Transpla	8	8	100.00%	8	100.00%	0	0	0	2	0	0	0	0	0	0	0	2
	Children Cancer Center	16	15	93.75%	16	93.75%	1	1	1	0	1	0	0	0	0	0	0	
	N. K. B165 Basile Inpati	32	23	71.88%	32	71.88%	9	2	0	1	0	1	0	0	0	1	0	11
Total	56	46	82.14%	-	-	10	3	1	3	0	2	0	0	0	1	0	15	
In Patient Units - Other	Delivery Suite	10	7	70.00%	10	-	3	0	0	0	0	1	4	0	0	1	0	6
	Normal Nursery	25	11	44.00%	20	-	14	0	2	0	0	0	0	0	0	0	0	16
Total	35	18	51.43%	-	-	17	0	2	0	0	1	4	0	0	1	0	22	
In Patient Units - Psychiatry	Psychiatry Unit-Inpatie	10	6	60.00%	11	54.55%	4	0	0	0	0	0	0	0	0	0	0	4
	Total	10	6	60.00%	11	54.55%	4	0	0	0	0	0	0	0	0	0	0	4
In Patient Units - Step Down	Pediatrics Step Down	4	3	75.00%	4	-	1	0	0	0	0	0	0	0	0	0	0	1
	Total	4	3	75.00%	4	-	1	0	0	0	0	0	0	0	0	0	0	1
Total		384	304	79.17%	-	-	80	8	5	6	5	14	13	4	2	13	2	91



MIDDLE EAST MEDICAL ASSEMBLY (MEMA) 2016 UPDATES

MEMA 2016 Updates entitled “**Precision Medicine: A New Era towards Personalized Healthcare**” was held on May 12 - 14, 2016, at AUB. This year’s MEMA, which coincided with AUB’s 150th anniversary, explored a relatively new field of medicine, precision medicine. This bold new research aims to revolutionize healthcare and disease treatment in Lebanon and the region by providing advanced prognosis for patients. The Assembly was organized by the Continuing Medical Education (CME) Office, the Medical Chapter of AUB Alumni Association, and the Faculty of Medicine at AUB in partnership with Cleveland Clinic. It was chaired by Dr. Anwar Nassar, Professor and Chairman of the Department of Obstetrics and Gynecology at AUBMC.

MEMA’s exhibition and rich program, which spread over two days, featured various sessions and workshops that tackled innovative technologies currently used in genomics, both at the diagnostic and research levels, in addition to the clinical utility side. Topics discussed the utilization of state-of-the-art pharmacogenomics and genetic testing in the patient care setting and featured updates on cutting-edge genomic technologies in research and diagnostics. Other topics included precision medicine in healthcare, genetic epidemiology, data analysis in precision medicine applications, pharmacogenomics, oncology, and cardiovascular diseases. MEMA Updates 2016 was marked by the presence of physicians from all specialties, including cardiology, endocrinology, family practice, gastroenterology, hematology/oncology, pathology, pediatrics, pharmacology, radiology, surgery, and women’s health, as well as nurses, nurse practitioners, pharmacists, dietitians, physician assistants, trainees, students, and researchers. MEMA 2016 Updates was honored with the presence of keynote speaker Dr. Barry London, Potter-Lambert Chair, Director of the Division of Cardiovascular Medicine, and Director of the Abboud Cardiovascular Research Center at the University of Iowa Carver College of Medicine.



The Assembly closed with a fundraising Gala Dinner which was held to support the Medical Students’ Scholarship Fund at the Four Seasons Hotel on May 14, 2016.

THE PALLIATIVE CARE SERVICE AT AUBMC

Palliative care, care for patients with life-threatening conditions and their families, has become an essential and fundamental practice in healthcare systems and is an ethical responsibility for all professionals responsible for patient care. It aims at improving the quality of life, well-being, and comfort of patients and their relatives by alleviating pain and suffering, whether physical, psycho-social, or spiritual, irrespective of whether the disease or condition can be cured or not.

The Palliative Care Program, its committee, and the related consultation service were established at AUBMC around two years ago. The palliative care team, consisting of a specialized medical staff member and a nurse, is available to provide the below special services to all clinical units across the Medical Center. These include:

- Providing relief from pain and other symptoms that terminal patients might experience.
- Counseling patients and families about limits of care and how aggressive medical interventions have to be.
- Supporting patients and family members emotionally during their hospital stay.
- Helping with discharge planning and ensuring the presence of adequate support at home after discharge.
- Coordinating care after discharge with hospice services.
- Educating students, Residents, and Medical Staff members about palliative care and how it can improve care delivery for their patients.
- Updating or developing, as appropriate, evidence-based guidelines and tools on palliation, including pain management options in adults and children.

Dr. Salam Jalloul (Clinical Associate, Department of Family Medicine, with Palliative Care Certification) is available for consultation services for patients from both inpatient and outpatient services through the Palliative Care Program at the Naef K. Basile Cancer Institute at AUBMC. All Medical Staff members are encouraged to refer patients requiring palliative care consultation services to Dr. Jalloul to provide them with the needed support for a better quality of life. She can be reached through her pager #1554.

OFFICE OF THE CHIEF OF STAFF

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