

OBSGYN

Issue N° 22 Fall Newsletter 2016



المركز الطبي في الجامعة الأميركية في بيروت

Our lives are dedicated to yours

RESIDENTS AS LEADERS



Dr. Dalia Khalife, the administrative chief resident, was sponsored by the department to attend the "2016 CREOG resident as teachers and leaders workshop - a day in the life of an OBS/GYN resident" that was held in Philadelphia on May 1 - 2, 2016. Dr. Khalife was the only international resident among 70 residents who gathered from different USA residency programs. The workshop was meant to equip OBS/GYN residents who have direct administrative and teaching responsibilities with the knowledge and skills necessary to serve as leaders and exemplary teachers for junior residents and medical students. It helped Dr. Khalife become more acquainted with important aspects of leadership, learn about effective techniques to improve the teaching process and methods to manage conflicts, develop team-leading capabilities, and serve as a liaison between the faculty and other residents. This experience will help Dr. Khalife meet her duties in her current role.

Welcome to the latest newsletter issued by the Department of OBS/GYN. Every new issue unfolds the latest updates within the department. This fall, we will highlight special news about meetings attended by some of our residents, in addition to the latest academic news and publications. To be more engaged, we will acquaint you with many fascinating facts about hotels in the very popular "Did you know?" section. I hope you enjoy this issue.

Sincerely,
Anwar Nassar, MD
Editor-in-Chief

RESIDENTS IN INTERNATIONAL MEETINGS

Dr. Anastasia Salame travelled to Cape Town, South Africa on August 26, 2016 to present her graduation research that was accepted as an E-Poster at the 41st Annual International Urogynecological Association (IUGA) meeting. Dr. Salame's trip was sponsored by the department. We congratulate Dr. Salame for her presentation and encourage all the residents to submit their research papers to international conferences. Accepted abstracts would entitle them to sponsorship by the department.



MRS. LAYAL KHOICHE ... WELCOME



In August, we gained a new Senior Office Assistant who was appointed in place of Mrs. Maha Jaafar, who did a superb job from 2013 - 2016 and was recently appointed as a Graduate Medical Education Program Coordinator. Layal Khoiche who recently moved to Lebanon after getting married is originally from Dearborn, Michigan. She has a Bachelor's degree in Nutrition and Food Science and Masters in Health Administration. Her previous experience includes clinical office assistance and medical billing for an auto accident clinic. Welcome onboard Layal.

CONGRATULATIONS

- We would like to congratulate Dr. Hala Maalouf who is now a member of the CPT (Collaborative Practice Team) for 7N/DS and has been appointed as secretary for the academic year 2016/2017.
- Hala was also chosen as a member of RSQC (Resident Staff Quality Council) for this academic year together with Dr. Marlie Abou Jaoude.
- We would like to extend our warm congratulations to Dr. Dina Chamsy on the birth of her baby boy on August 8, 2016. The delivery took place at AUBMC. Baby Salim Leo Badrane measured 50 cm and weighed 3,505 grams at birth. Both mom and baby are doing well.



MEET THE ALUMNI

- * Dr. Frederic Mitri graduated from AUB after receiving his M.D. in 2008. He completed his OBS/GYN specialty training at AUBMC in 2012. Following residency, he pursued a 2.5-year fellowship training in reproductive endocrinology and infertility at TCART, Toronto. Dr. Mitri is currently in private practice and is affiliated with Levant Hospital and the Lebanese American University Medical Center/Rizk Hospital. He is actively involved in scientific research and has authored and presented several peer reviewed research papers. His research interests include unravelling the complex mechanisms underlying endometrial receptivity and implantation failure. Dr. Mitri is committed to educating his patients and providing individualized care. He is passionate about travelling, learning, and experiencing the richness of different cultures.
- * Dr. Bassem Skaff completed his 4-year residency in OBS/GYN at AUBMC in 2013. He then pursued a fellowship in minimally invasive surgeries and infertility in Belgium. In 2014, he became certified in infertility treatment from Paris Descartes University. Dr. Skaff's main clinical interests are gynecological surgeries. In addition to his membership in the medical and scientific committee in New Mazloum Hospital, he has currently increased his academic contribution through participating in the training of Beirut Arab University residents. His 2017 plan is to inaugurate one of the biggest medical centers in Tripoli with several of his family members who are specialized in various medical fields. On a personal level, he is married to Mrs. Dayana Hamzeh, a clinical psychologist. They have a 7-month baby boy named Zayd.

ACADEMIC NEWS

- Dr. Fadi Mirza was invited by the Ho Chi Minh City Society of Reproductive Medicine (HOSREM) in Vietnam to deliver two lectures and was a guest speaker at the Ghaziabad Obstetric and Gynaecological Society in India. Dr. Mirza was also an invited speaker at the 17th All Russia Scientific Mother and Child Forum held in Moscow, Russia as well as at the 14th Annual National Congress of the Turkish Society of OBS/GYN held in Belek, Turkey.
- Dr. Johnny Awwad was hosted as a speaker in the Department of OBS/GYN at the Massachusetts General Hospital in Boston early September 2016, at which he also holds an adjunct faculty position. He was invited by the American Society of Reproductive Medicine to develop and record a micro-video session addressing a contemporary and cutting edge topic in reproductive medicine, which will be added to the society online library and mobile application.
- As a member of the Choices and Challenges in Changing Childbirth/Faculty of Health Sciences, and in collaboration with AUBMC and the Ministry of Public Health, Dr. Faysal El-Kak organized the “National Meeting on Maternal Health under Crisis” and presented updates on “Maternal Health among Refugee Women” on August 18, 2016 at AUBMC. Along the same lines and in his capacity as coordinator of the Network of Arab Scholars on Sexuality and Sexual Health (NASSS), he also organized the 2nd meeting of the network on August 19, 2016 at AUB. In addition, Dr. El-Kak was also an invited speaker on several occasions in Jordan and Lebanon during the past few months.
- Dr. Abdallah Adra was an invited speaker to the 13th Annual Congress of the Jordanian Society of OBS/GYN, held in Amman in September 2016, where he also participated in the Fetal Medicine workshop organized by the Arab Maternal Fetal Medicine Expert group.

PUBLICATIONS

- Ghulmiyyah LM, Usta IM, Ghazeeri G, Taher N, Abu-Ghannam G, Tamim H, Nassar AH. Intravenous oxytocin use to decrease blood loss during scheduled cesarean delivery: A randomized double-blinded controlled trial (OXYTIAL). *Am J Perinatol* Sep 2, 2016. [ahead of print].
- Seoud M, Nasr R, Berjawi G, Zaatari G, Seoud T, Shatila A, Mirza F. Placenta accreta: Elective versus emergent delivery as a major predictor of blood loss. *J Neonatal Perinatal Med* 2016. [ahead of print].
- Cheong-See F, Schuit E, Arroyo-Manzano D, Khalil A, Barrett J, Joseph KS, Asztalos E, Hack K, Lewi L, Lim A, Liem S, Norman JE, Morrison J, Combs CA, Garite TJ, Maurel K, Serra V, Perales A, Rode L, Worda K, Nassar A, Aboulghar M, Rouse D, Thom E, Breathnach F, Nakayama S, Russo FM, Robinson JN, Dodd JM, Newman RB, Bhattacharya S, Tang S, Mol BW, Zamora J, Thilaganathan B, Thangaratnam SJ; Global Obstetrics Network (GONet) Collaboration. Prospective risk of stillbirth and neonatal complications in twin pregnancies: systematic review and meta-analysis. *BMJ* Sep 6, 2016;354:i4353.

DID YOU KNOW?

- The word “hotel” comes from the ancient French word “hostel” and has the same root as the word “hospital.”
- The first hotel in the modern sense was opened in 1768 under the name ‘Royal Clearance Hotel’ in the city of Exeter, England.
- The tallest hotel in the world, offering guest rooms 1,600 feet above the street, is the ‘Ritz-Carlton’ in Hong Kong.
- The highest hotel is the ‘Hotel Everest View’, located nearly 13,000 feet above sea level in the Himalaya Mountains.
- ‘Grand Hills Royal Residence’ in Broumana, Lebanon is the largest hotel suite in the world as mentioned in Guinness World Records. Spread out over 4,131 square meters, this independent mansion is home to 3 pavillions, 2 private swimming pools and 7 floors of exquisite art and pure luxury.
- The Royal Penthouse Suite of the ‘Hotel President Wilson’ in Geneva is famous for being the largest one in Europe (1,680 square meters in total) and the most luxurious Suite in the world. Among its countless highlights is the 103-inch Bang and Olufsen LCD flat screen TV. No wonder that it is the most expensive hotel room in the world at about \$68,000 per night.
- The world’s smallest hotel has opened in Copenhagen. It has only one tiny bedroom just above the city’s smallest coffee shop.
- The largest chain of hotels in the world is the InterContinental Hotels, with 4,600 hotels and above 674,000 rooms.
- Coco Chanel, the famous fashion designer, spent almost 30 years living in ‘Hotel Ritz’ - Paris.
- The record holder for the highest number of hotel rooms in one building is ‘MGM Grand’ in Las Vegas, with 5,044 rooms.
- The resort with the largest number of rooms in the world (a total of 6,118) is the ‘Genting Highlands Resort’, just across the Causeway in Malaysia.
- The ‘Waldorf Astoria’ - New York, was the first hotel in the world to offer room service and was the first to hire women as chefs, beginning in 1931.
- ‘Naumi Hotel’ is the first hotel in Singapore to have a women-only floor.

IN THE SPOTLIGHT DR. NAJI ASWAD



Q: When did you join the Department of OBS/GYN?

A: Initially in July 1987. I left for training in pelvic surgery between 1997-1999 and rejoined the department in July 1999.

Q: What is your title?

A: Assistant Clinical Professor.

Q: What are your main duties?

A: Clinical duties and teaching residents and students in the outpatient department and in the operating room.

Q: Prior to joining this department, what were you doing?

A: I finished my medical school years at AUB then a residency on OBS/GYN at AUBMC followed by one extra year of training in Maternal Fetal Medicine at AUBMC.

Q: If you were not doing this job, what would you have chosen to do?

A: I have been doing this job and enjoying it for a long time that I haven't even thought of any other alternative, but I always had a passion for physics.

Q: What is most enjoyable about your job?

A: Contributing to teaching the future physicians and the daily interaction with patients who ultimately become a second large family to us.

Q: What do you find most challenging about your job?

A: Coping with the daily stress of work and trying to keep pace with the ever expanding realm of knowledge.

Q: If you could go anywhere in the world, where would you choose to go and why?

A: I will consider an extended road trip in Europe.

Q: What do you enjoy doing during your free time?

A: I enjoy reading medical and non-medical books as well as watching movies, and I particularly enjoy outdoor activities mainly hiking.

Q: What is something that most people don't know about you?

A: That I believe greatly in the importance of teamwork, group effort, and positive energy.

Q: What is your point of weakness?

A: Always going the extra mile for others.

Q: Who is your favorite artist?

A: Vincent Van Gogh.

Q: What is your favorite song these days?

A: "See You Again" (Wiz Khalifa featuring Charlie Puth).

Q: What is the movie or book you recently enjoyed watching or reading?

A: "Bridge of Spies" and I enjoyed watching the 1994 movie "The Shawshank Redemption" again.

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