

# OBS/GYN

Issue N° 29 Summer Newsletter 2018



Our lives are dedicated to yours

## OBS/GYN PHYSICIANS AWARDS 2018

The winners of the prizes, given by OBS/GYN attendings and residents, this year were Zalfa Bazzi (Physician's Award for Best OBS/GYN Auxiliary), Ahmad Al Moubacher (Physician's Award for Best OBS/GYN Administrative Staff) and Fatima Itani (Physician's Award for Best OBS/GYN RN). Congratulations for a very well-deserved recognition.



Summer is a season where so much is going on at our department. This issue highlights some activities that recur this time of the year from the resident graduation to the Resident Research Day to the Arab Board oral examination to the MRCOG Part 1 exam to the physician awards. In addition, we highlight some exciting facts about the history of the World Cup that recently concluded its 21<sup>st</sup> version in the "Did you know?" section. Enjoy the read.

Sincerely,  
Anwar Nassar, MD  
*Editor-in-Chief*



## RESIDENT GRADUATION DINNER 2018

In a cozy atmosphere with delicious Lebanese cuisine, we celebrated the graduation of our five residents and fellow at Em Sherif restaurant, Achrafieh on May 14, 2018. The graduates were: Drs. Anastasia Salame, Elie El Ahmar, Sebastian Nasrallah, Suleiman Ghunaim, Ali Mourad and Dib Sassine. The graduates and their families along with most staff in the department, many faculty members from other departments, and members in the administration were present during this year's event.



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## EIGHTH RESIDENT RESEARCH DAY

Nine residents presented their research proposals and papers during the Eighth Resident Research Day which was held at Gefinor Rotana Hotel, Beirut on June 2, 2018. This is the venue where residents have the chance to share their research findings with colleagues and mentors and gather feedback to be able to finalize their research papers before graduating. The winners this year were Drs. Elie El Ahmar and Ali Mourad. Congratulations.



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## ARAB BOARD OSCE

On May 12, 2018, the Department of OBS/GYN at AUBMC hosted, for the third time, the Arab Board of Health Specializations Objective Structured Clinical Examination (OSCE) in OBS/GYN. This year, 14 applicants from Syria took the membership exam.



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## MRCOG PART I

For the fourth year in a row, AUB was an exam venue for the Part I MRCOG exam on July 2, 2018. This year, 15 candidates sat for the exam that is done at AUB as part of the collaboration between the Department of OBS/GYN with the Royal College of Obstetricians and Gynaecologists.

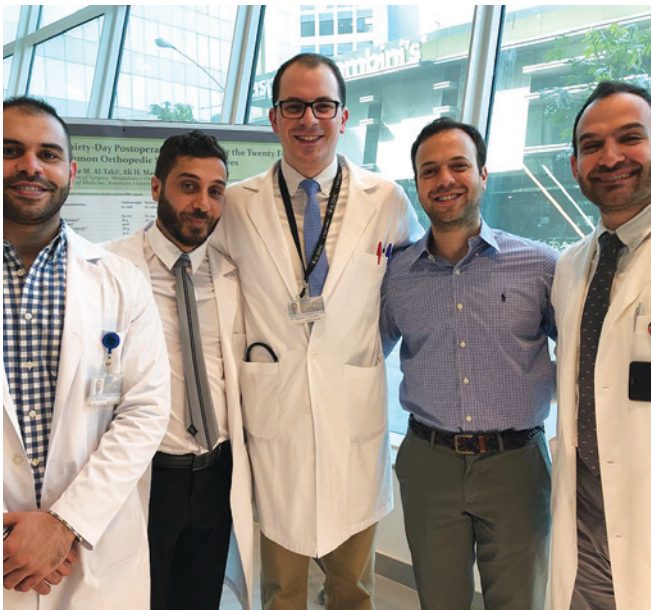
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## DEPARTMENTAL ADMINISTRATIVE POSITIONS

- After consultation with the members of the Division of Reproductive Endocrinology and Infertility (REI) and the Dean of Faculty of Medicine Dr. Mohamed Sayegh, Dr. Antoine Abu-Musa was appointed as the Head of Division succeeding Dr. Johnny Awwad who served for six years and accomplished several milestones. Dr. Awwad remains the Director of the Haifa Idriss Fertility Unit. Similarly, Dr. Labib Ghulmiyyah was appointed as the Head of Division of Maternal Fetal Medicine (MFM) to replace Dr. Ihab Usta who also served for six years and had several accomplishments. Dr. Muhieddine Seoud who was only appointed last year, remains the Head of Division of Gynecologic Oncology.
  - In addition, Dr. Fadi Mirza was appointed as the Residency Program Director to replace Dr. Labib Ghulmiyyah who has been in that position for the past eight years. Dr. Antoine Abu-Musa also succeeded Dr. Johnny Awwad who served as an REI Fellowship Program Director for six years. Congratulations to all new appointees and sincere thanks for those who served and contributed significantly to the best of the residency and fellowship programs.
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## CONGRATULATIONS

- Two of our residents were accepted in the USA fellowship programs. Dr. Sebastian Nasrallah started a fellowship in Maternal Fetal Medicine at Inova Fairfax Hospital, Virginia, USA. Dr. Dib Sassine will start a 6-month rotation at Simone Veil Hospital, Eaubonne, France followed by a fellowship in Gynecologic Oncology at Memorial Sloan Kettering Cancer Center, New York, USA in 2019.
- Mrs. Najwa Hammoud, a Registered Nurse at the Haifa Idriss Fertility Unit, was the recipient of the "Women's Auxiliary Award."
- Dr. Suleiman Ghunaim received the "Best Resident of the Year" Award and Dr. Karam Hamed the "Highest CREOG Score" Award for the Academic Year 2017/2018. Dr. Ali Khalil was the recipient, for the second time in a row, of the "2018 National Faculty Award for Excellence in Resident Education."
- During the 5<sup>th</sup> Annual Clinical Research Open House which took place on May 4, 2018, Dr. Ali Mourad received the 3<sup>rd</sup> prize for the best oral presentation and Dr. Dib Sassine received one of the five best poster presentations.



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## ACADEMIC NEWS

- Dr. Anwar Nassar was invited as a moderator of the session on “Women Mental and Sexual Health” during the 49<sup>th</sup> Edition of the Middle East Medical Assembly (MEMA) that was held on April 20, 2018. He was also a guest speaker at the 4<sup>th</sup> Gynecology Experts Annual Meeting that was held on May 10-11, 2018 in Abu Dhabi, UAE where he gave a lecture entitled: “Antiphospholipid Syndrome and Pregnancy: An Update.” In addition, he participated in a local seminar that was held on June 29, 2018 in Le Bristol Hotel-Beirut and gave a talk about “Recurrent Pregnancy Loss: Current Perspectives.”
- Dr. Faysal El Kak participated as chair and invited speaker in the 4<sup>th</sup> Gynecology Experts Annual Meeting, May 10-11, 2018 that was held in Abu Dhabi, UAE. He also presented on management updates of abnormal uterine bleeding in a national seminar that was held in May 14, 2018. He also presented in the MEMA about psychosomatization and problematization of women sexuality on April 20, 2018.
- Dr. Mohammad Jaffal, a PGY IV at the Department of OBS/GYN, presented his study with Dr. Tony Bazi ‘Attitudes Towards the Treatment of Overactive Bladder in Women in the Lebanese Population’ as an E-poster at the International Urogynecology Association meeting that was held in Vienna, Austria on June 27-30. Dr. Jaffal’s trip was sponsored by the department.
- Dr. Bazi was commissioned by The Foundation for International Urogynecological Assistance (FIUGA, the charitable arm of IUGA) to engage in the on-site training program of Urogynecology fellows in Ghana. Within this framework, he spent 11 days during May 2018 in Korle Bu Teaching Hospital in Accra and Komfo Anoykye Teaching Hospital in Kumasi, Ghana where outpatient evaluations and in-patient surgeries were performed. <https://fiuga.org/ghana-project/>
- Dr. Sandrine Atallah was an invited faculty to the 21<sup>st</sup> World Meeting on Sexual Medicine (WMSM) as a speaker and moderator. The meeting was held in Lisbon, Portugal on February 28-March 3, 2018. She also gave a talk to the Societe Francophone de Medecine Sexuelle (SFMS) during the pre-meeting symposium. Dr. Atallah was also an invited speaker to the 2<sup>nd</sup> Annual Conference on lesbian, gay, bisexual, and transgender (LGBT) health that took place in Beirut, Lebanon on March 17-18, 2018 and the 14<sup>th</sup> European Federation of Sexology (EFS) which was held in Albufeira, Portugal on May 9-12, 2018.

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## PUBLICATIONS

- Alejo M, Alemany L, Clavero O, Quiros B, Vighi S, Seoud M, et al. Contribution of human papillomavirus in neuroendocrine tumors from a series of 10,575 invasive cervical cancer cases. *Papillomavirus Res* 2018;5:134-142.
- Yelland LN, Schuit E, Zamora J, Middleton PF, Lim AC, Nassar AH, et al. Correlation between neonatal outcomes of twins depends on the outcome: Secondary analysis of twelve randomised controlled trials. *BJOG* 2018, May 22. [ahead of print].

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## MEET THE ALUMNI

- Dr. Ghina Shami graduated from the American University of Beirut (AUB) as an M.D. in 2008. She then continued her four-year specialization in Obstetrics and Gynecology at AUB and graduated in 2012. Since graduation, Dr. Shami has joined the Fakhri IVF group, Dubai, UAE and had been licensed as specialist obstetrics/ gynecology/ reproductive endocrinology and infertility since 2015 and had helped hundreds of couples to achieve their dream of parenthood. She is proud to be a graduate of AUBMC and will carry on helping make little miracles every day.
- Dr. Sandra Geagea received her B.S. in 2007 and M.D. from AUB in 2011. She was elected to join the Alpha Omega Alpha honor society in 2011. She then completed a year of internship in the Department of Internal Medicine at AUBMC followed by a four-year residency in the Department of OBS/GYN at AUBMC. Following that, she started working at the Keserwan Medical Center, an affiliate of AUBMC. She is involved in teaching third year medical students. Her focus is on offering women an optimal antenatal care and delivery along with gynecological care and optimum primary care. On a personal level, she is married to Ralph Nasr and has a daughter named Rachel.

## A MELODY TO WELCOME NEWBORNS AT AUBMC

We are glad to inform you that we are in the process of starting to play a Melody in the waiting areas and hallways of AUBMC anytime a new baby is born at AUBMC. With the help of the AUBMC Communications and Public Relations Department, we will be advertising for this initiative, so that you, AUBMC medical and paramedical staff, are aware of what this melody means. We rely on each one of you to be familiar with this so that you can explain to any visitor/patient its meaning.

**When you hear the melody  
'whatever will be, will be,'  
pause and join us in welcoming all the precious angels  
that we bring to life every day at the Medical Center.**



## IN THE SPOTLIGHT MARWAN GHAWI

**Q: When did you join the Department of OBS/GYN?**

A: Back in 1980.

**Q: What is your title?**

A: Floor Clerk on 7 North.

**Q: What are your main duties?**

A: Preparing patient medical records, responding to patients on the desk, providing floor stationary and other clerical duties.

**Q: Prior to joining this department, what were you doing?**

A: I was studying law.

**Q: If you were not doing this job, what would you have chosen to do?**

A: I would have studied philosophy.

**Q: What is most enjoyable about your job?**

A: Serving people.

**Q: What do you find most challenging about your job?**

A: Dealing with difficult patients and staff members.

**Q: If you could go anywhere in the world, where would you choose to go and why?**

A: I would like to visit South Spain where there are a lot of olive trees and birds.

**Q: What do you enjoy doing during your free time?**

A: I like to go fishing the most.

**Q: What is something that most people don't know about you?**

A: I like to fix cars, and I am good at it.

**Q: What is your point of weakness?**

A: Having too much empathy towards people who make me tired.

**Q: Who is your favorite artist?**

A: Bob Marely.

**Q: What is your favorite song these days?**

A: "Easy like a Sunday Morning."

**Q: What is the movie or book you recently enjoyed watching or reading?**

A: The book "The Little Prince" and the movie "Forest Gump."



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## Did you know?

- The first World Cup was held in 1930. Uruguay was both the tournament host and winner that year.
- The World Cup trophy went missing for seven days in 1966, when it was stolen just a few months prior to the tournament.
- The World Cup winning country is rumored to see a baby boom nine months after the event. In fact, Hyundai even created a commercial based on this fact.
- Almost 50% of the world's 7.05 billion people watch the World Cup.
- The smallest country to ever compete in the World Cup was Iceland this year with a population of only 334,000 residents.
- The first FIFA Women's World Cup took place in China in 1991 with 12 countries taking part. USA ended up nabbing the trophy in a final against Norway.
- Coverage of the World Cup has become so popular that it has overtaken the Olympic Games to become the most viewed and followed sporting event.
- The biggest margin of victory in a World Cup still belongs to Hungary which could beat El Salvador 10-1 in 1982.
- The oldest player to ever appear at a World Cup tournament is the Egyptian goalkeeper, Essam El-Hadary who was 45 years when he played in the 2018 games.
- For the first time in World Cup history, the 2026 tournament will be shared by three hosts: USA, Canada, and Mexico.
- The winning team in 2018 took home \$38 million of prize money, while the runners-up won \$28 million for their efforts.

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### Departmental Leadership

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#### Vice-Chair

Antoine Abu-Musa, MD

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Save The Date  
November 2<sup>2018</sup> Save Her

HER Fund Gala Dinner

