



Our lives are dedicated to yours

# HR

## NEWSLETTER

DEPARTMENT OF HUMAN RESOURCES

You bring hope and healing to the lives of others. Patients share their stories with you; you feel their heartbeats and administer their medication with love. Your job extends beyond boundaries for you sooth the distressed, talk to the unconscious, admit and discharge the sick, and pray for the healing of everyone who comes your way.

We all know that you did not choose this profession because of its working conditions nor because of its long hours; we know that most of you voluntarily joined the profession to optimize the health and abilities of people in their toughest times. We all often say that nursing reflects endless dedication.

In a tremendously advanced world where many tasks have been automated and taken over by computers, everyone knows very well that our healing only happens when you are around. You provide individuals not only with biological care but with psychosocial and cultural care as well. You work to promote health, prevent disease, and help patients cope with illnesses. You sacrifice a lot for the sake of others.

Today, the world pays honor to you, to all nurses who give their best every day to save lives and care for their patients. If it weren't for you, living through a disease would have been much harder.

We salute you and celebrate the work you do to contribute to our healing when in need. We wish you a great week.

Sincerely,  
AUBMC HR Department



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## Nursing Facts

1. The first nursing school was established in India in 250 B.C.
2. The word "nurse" comes from the same root as nourishment – the Latin *nutrire*, "to suckle". Looking after sick people wasn't described as "nursing" until 1736.
3. In 1846, the first hospital training school for nurses, the Institute for Protestant Deaconesses, was established in the town of Kaiserwerth, Germany.
4. Linda Richards became the first nurse to earn a nursing diploma in the United States in 1873.
5. Florence Nightingale, the most famous nurse in modern history, was only a nurse for three years of her life.
6. There are four times as many nurses as doctors in any healthcare environment.
7. Most visits to emergency rooms occur during the warmer months of the year.
8. Nurses are needed more than ever. The demand on nurses has been tremendously increasing worldwide and nurses have been able to find well-paid jobs and join advanced nursing schools.
9. The demand for registered nurses is expected to rise 21 to 35 percent through the first decade of the 21st century.
10. The highest ratios of nurses per capita in Finland, Norway, Monaco, Ireland and Belarus respectively with a ratio ranging from 2,162.0 to 1,182.0 nurses per 100,000 individuals.
11. Every 10% increase of the number of nurses with a Bachelor of Science in Nursing (BSN) is a 4% decrease in the risk of death.
12. Nurses make up the largest healthcare population: 2.5 million jobs
13. Nurses transfuse about 82,000 components of blood every day.
14. On average, nurses walk four miles a day.

### Source

<http://www.nursing.upenn.edu/media/Just4Kids/Pages/FunFacts.aspx>

<http://nursinglink.monster.com/education/articles/8220-101-nursing-fun-facts>

<http://www.nursebuff.com/2014/03/facts-about-nursing/>

<http://www.thegrindstone.com/2012/09/27/career-management/facts-about-nurses-578/>

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## Why be a nurse at AUBMC?

The American Nurses Credentialing Center (ANCC) Magnet® Recognition is the highest recognition for nursing excellence that a healthcare organization can achieve for delivering outstanding nursing care and practice. AUBMC received this prestigious designation initially in 2009 and was re-designated in 2014 thus being the first Magnet designated hospital in the Middle East and the second outside the United States.

As a Magnet designated medical center, our nurses practice the standards of the Magnet model and provide the best care to our patients and families.

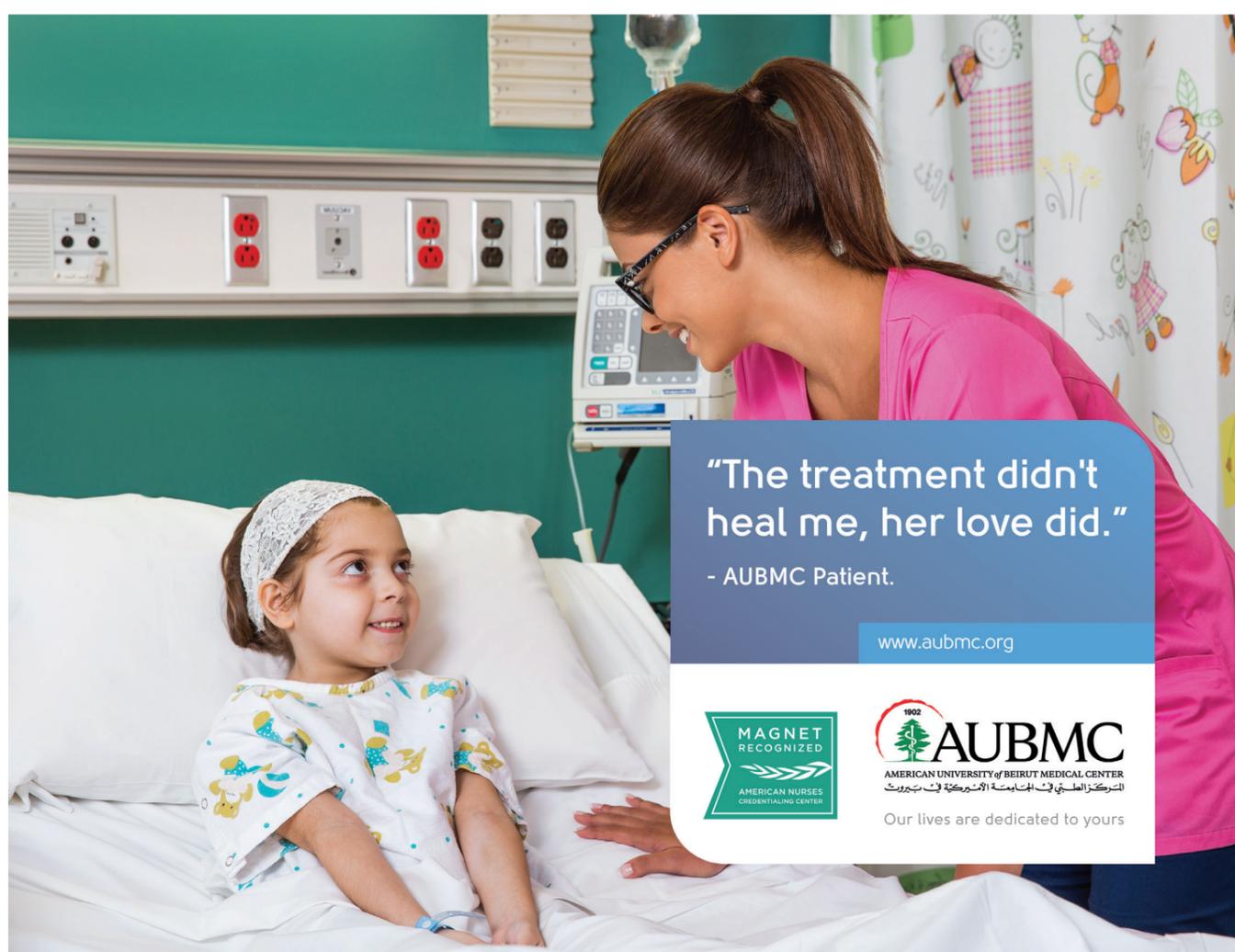
Why is Magnet important to AUBMC nurses? The recognition means that our nurses are empowered and able to make decisions in nursing practice; they have a voice in the plan of care set for their patients, and they advocate for them. AUBMC nurses collaborate with other healthcare team members to achieve optimal patient outcomes and have a strong presence in the Lebanese community. They seek any opportunity to learn, grow, explore and apply new ideas, which ultimately reflects positively on our patients' welfare.

In the year 2014, AUBMC nurses published several articles in nursing journals, attended and actively participated in national and international conferences, and increased their number of internationally certified nurses.

The percentage of direct care nurses with Bachelor's Degree in Nursing (BSN) has continuously been increasing over the years with an estimate of 92.95% in 2014. To increase number of nurses with a master's degree, nurses are encouraged to continue their graduate studies by receiving 60% financial support from the medical center administration. The percentage of direct care nurses with a Master's Degree at AUBMC is currently 7.75 %.

The development of Shared Governance Councils, the assigning of nurse representatives in hospital wide committees, and the reward and recognition program are examples of strategies that have been enhancing our ability to recruit and retain highly engaged nurses. Career opportunities are present for direct care nurses to retain them at bedside. For the past four years, joint appointments were established with the Hariri School of Nursing through Clinical Assistant Instructors, Pulmonary and Cardiac Rehabilitation Program, Clinical and Professional Development Center and Continuing Medical Education Office where nurses can be ATCN Instructors and ATLS Clinical Coordinators.

## Nursing Pledge



"I solemnly pledge myself before God and in the presence of this assembly to pass my life in purity and to practice my profession faithfully.

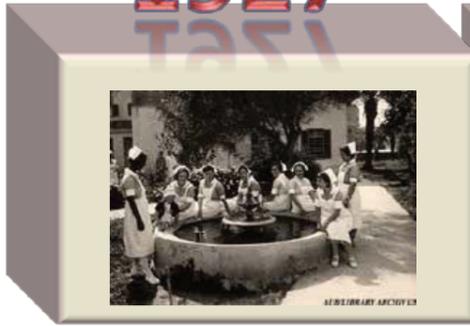
I will abstain from whatever is deleterious and mischievous, and will not take or knowingly administer any harmful drug.

I will do all in my power to maintain and elevate the standard of my profession and will hold in confidence all personal matters committed to my keeping and all family affairs coming to my knowledge in the practice of my calling.

With loyalty, I will aid the physician in his/ her work, and as a missioner of health, I will dedicate myself to devoted service for human welfare."

# Nursing Timeline

1927



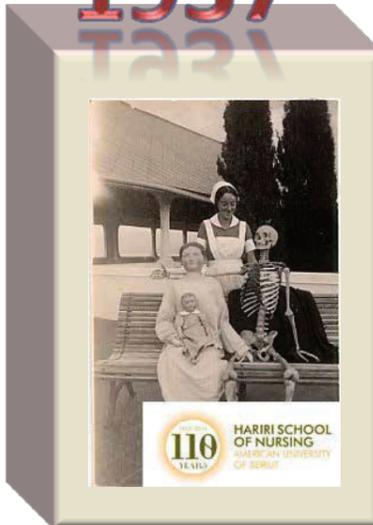
1929



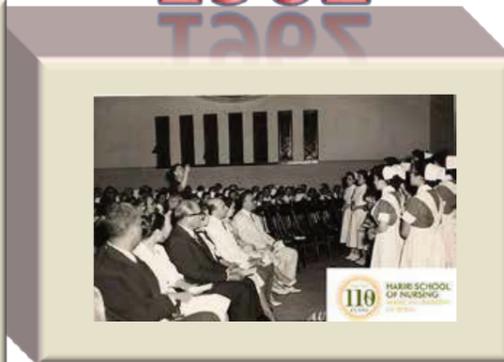
1930



1937



1962



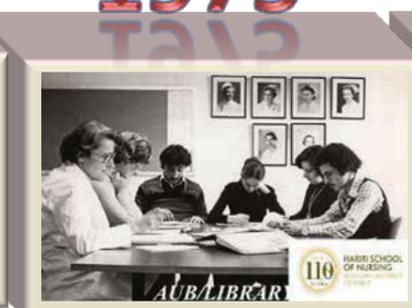
1965



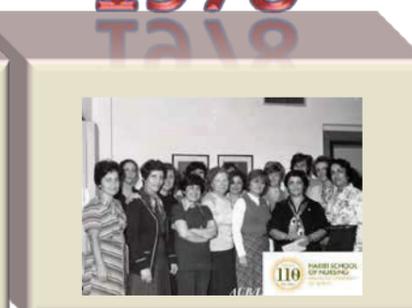
1970



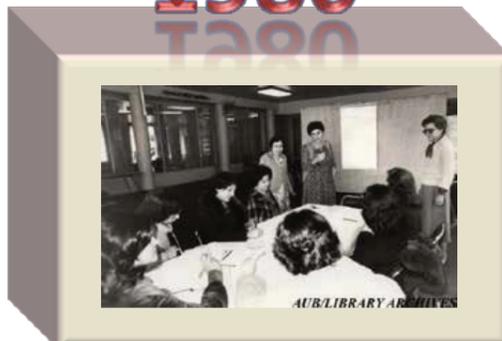
1975



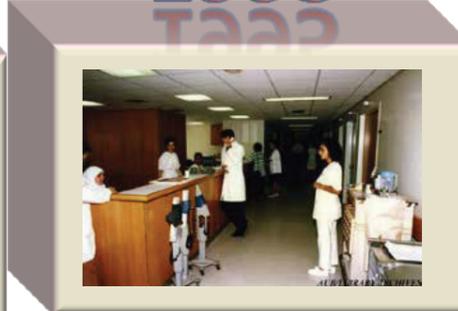
1978



1980



1995



2008



2012



2013



2014

